Johns Hopkins University
Certificate on Aging

A full curriculum of courses on aging and the aging experience, designed to satisfy self/family/land community-interests, and also offering Continuing Education Units and a Certificate on Aging to serve the needs of caregivers, professionals and para-professionals in their work with aging clients, families and institutions.

Meeting the Challenges of an Aging Population

Older Americans comprise the fastest growing population in the United States. The consequences of this demographic change are having profound implications for us all. The ethical, financial, legal, medical, and psychological issues affect not only seniors but also those who serve and care for them.

Reaching your Goals

Whether you are an experienced professional, just starting out in the field, or caring for a family member, our program has relevance for you.

Built upon the solid tradition of teaching excellence, Johns Hopkins University Certificate on Aging offers an array of courses for general interest, and certification designed to serve the needs of those who work with aging adults and their families—clergy, financial planners, lawyers, nurses, social workers, volunteers, and work-life planners. This interdisciplinary program draws upon the University’s rich resources and offers students from a variety of backgrounds the opportunity to broaden their professional training.

Eligibility and Matriculation

All courses are open to any interested adult for individual enrollment, without prerequisites. Students can choose topics and courses judged most beneficial to their interests and needs. Prospective students may apply throughout the year. Matriculation is required for those interested in acquiring the Certificate on Aging (see Matriculation and Certificate Requirements on reverse side).

Continuing Education Units

Need Continuing Education Credits? We offer the opportunity for Maryland licensed social workers, professional counselors and therapists to earn continuing education credits.

• Courses are approved for Category 1 credit for CEUs as defined by the Maryland State Board of Social Work Examiners.
• Courses are submitted for approval each semester to the Maryland Board of Professional Counselors and Therapists for Category A credit.

For more information on Certificate on Aging courses, or to receive a current catalog, please call 410-516-7428, email odyssey@jhu.edu, or visit advanced.jhu.edu/certification-on-aging.
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Certificate on Aging Program
The Certificate on Aging program is designed to provide a solid foundation in the complex field of human aging. All courses are open for individual enrollment, but for the students pursuing the Certificate, the program is built around a core of four required interdisciplinary courses, two of which are offered each semester. Four additional electives allow students to specialize in particular areas of practice or interest. Coursework is designed to increase and expand a student's knowledge of senior population issues, such as the aging process, wellness strategies, long-term care options, and examining programs and services for older persons and their families.

The Certificate was developed by Johns Hopkins University through broad consultation and is administered by the Odyssey Program of the Johns Hopkins Advanced Academic Programs, with the assistance of an interdisciplinary Advisory Board.

Enjoy these program benefits:

- Exceptional faculty: Our exceptional instructors include academically and professionally accomplished practitioners, who combine strong teaching skills with specialty expertise. Their commitment, combined with years of practical experience, provides an educational experience beyond the theoretical.
- Flexibility: The Certificate Program is designed to meet the needs of working adults, with most classes offered in the evenings on the Homewood Campus. The program can be completed in two years.
- Affordability: The formal Certificate program can be completed for under $3000 in tuition and fees.
- Applied Knowledge: Course content is designed to be immediately relevant to your everyday experiences on the job, in your community or with your family.
- Small class size: Class sizes are limited, in order to provide personalized, interactive education and academic excellence.

Matriculation and Certificate Requirements
All courses are open for individual enrollment, but to meet the requirements to receive the Certificate on Aging, students must matriculate (submit a completed application along with a $100 fee). complete the four required courses and four elective courses, and a capstone project. There are no tests or grades but participants must attend 75 percent of all classes, and the capstone project must be completed under the approval of an academic advisor. For a list of current courses offered and course descriptions, please visit advanced.jhu.edu/certificate-on-aging or call 410-516-7428 to receive a current course catalog.

Required Courses

Biological Aspects of Aging
offered in the Fall
The course is organized along two primary goals—to explore the biology of human aging for the non-medical person and to look at the science behind anti-aging interventions that may potentially modify the human body's interaction with the aging process.

Psychology of Aging
offered in the Fall
Within the context of developmental psychology, this course examines the important psychological changes that occur within the last third of life.

Growing Old in an Aging Society
offered in the Spring
Why do people retire? What do retirees do and where do they go? How do our relationships with family and friends change? What impact will the growing number of elderly have on economic, social, and medical institutions in this country?

Public and Private Programs for the Elderly
offered in the Spring
This pragmatic course explores the wide range of public and private programs for the elderly, in the areas of income security, nutrition, social protection, recreation, housing, health insurance, health services, and employment.

Electives
- Adult Children and Their Aging Parents
- Aging and the Brain
- Aging, Nutrition, and Fitness
- Counseling, Care Management, and Older Adults
- Death, Grief, and End-of-Life Planning
- Ethical Issues and the Elder Caregiver
- Financial Planning and Retirement
- Holistic Approaches to Health and Aging
- Housing Options for the Elderly
- Legal Issues and the Elderly
- Long Term Care: Policies and Programs
- Redefining Aging: Successful Aging and Caregiving
- Re-imagining Living and Aging in Community
- Substance Use and Abuse Among the Elderly
- Yoga, Therapy, Spirituality, and Aging
- And others

Capstone Project
A culminating capstone project offers the opportunity to conduct guided independent research under the supervision of a faculty advisor. A capstone application and guidelines are sent to all matriculating students.

Certification
Upon successful completion of the coursework and the capstone project, students will receive a Certificate from Johns Hopkins University attesting to the successful completion of Certificate on Aging program requirements.

For a listing of the current Spring or Fall Certificate on Aging courses, please visit advanced.jhu.edu/certificate-on-aging or call 410-516-7428 to receive a catalog.